

First Communion Lesson 28 – Angels

Opening Prayer:

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and You shall renew the face of the earth. O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit, we may be truly wise and ever rejoice in His consolations, through Christ our Lord. Amen.

Opening:

Let your students know that today you will be learning about angels. Angels are real creatures, but many people are very confused about them. This lesson will start with a little quiz to help us consider what we know, or what we think we know, about angels. Administer the short true/false quiz attached with this lesson. You may discuss it right away, or have the students hold onto it until the end of the session. Then they can make changes to it, based on what they learn today, before you reveal the answers.

Read First Communion Chapter 28 on CatholicBrain

Comprehension Questions:

- 1) Angels are pure _____.

Spirits

- 2) What do angels actually look like?

They have no bodies – they are invisible

3) Angels do not have bodies, but they do have what?

Souls

4) How does God sometimes use angels?

As messengers

5) What special angel does every person have?

A guardian angel

Discussion Questions:

1) Why do you think God gave you a guardian angel?

He loves you, and your angel's job is to help you be holy and get to Heaven.

2) What are some things you learned about angels today that you didn't know before; or some things you thought were true about angels that you learned are not?

Answers will vary

Activity:

Pray the traditional guardian angel prayer: “Angel of God, my guardian dear, to whom God’s love commits me here; ever this day be at my side; to light and guard, to rule and guide. Amen.”

Now write a prayer of your own to your guardian angel, and begin praying regularly to your guardian angel.

Closing Prayer:

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.